

unhealthy, both physically and mentally.

# Safe Surfing



## Useful Information

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

[www.childnet.com](http://www.childnet.com)

[www.childline.org.uk](http://www.childline.org.uk)

[www.virtualglobaltaskforce.co.uk](http://www.virtualglobaltaskforce.co.uk)

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.ceop.police.uk](http://www.ceop.police.uk)

Parentline Plus 0808 800 2222

Kidscape 0845 1 205 204

Childline 0800 1111



# Chapel-en-le-Frith Primary School



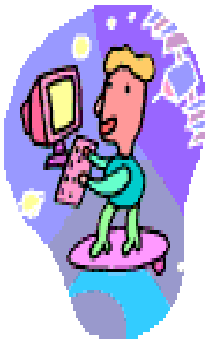
## Internet Safety



## *A Safe Surfing Guide for Parents and Children*

## INTRODUCTION

We are keen to highlight to our children the benefits in using the internet, whether it's for completing homework, researching a topic being covered at school, keeping in touch with friends or developing their ICT skills. However, with the benefits come potential dangers. The aim of this leaflet is to provide a brief summary of how children can surf more safely.



5. *what is and isn't ok to post on someone's profile.* **Police** .. Encourage your child to tell you if they come across anything inappropriate or illegal. Contact the social network provider and if necessary the police.



**And above all, stress to your child that they should never meet anyone who they have met online.**

## ONLINE BULLYING

Cyberbullying is increasingly a worry for children of all ages, particularly as younger children are now accessing the web, email and often have their own mobile technologies. Have a look at the website [www.childnet.com](http://www.childnet.com) for some useful advice. See also our own leaflet 'A Parents Guide to Anti-bullying'. If your child becomes a victim of unpleasant or offensive messages, print out the messages. If it is from a child in school, please make an appointment to see the Headteacher, contact the social network provider and, if appropriate, contact the police.



## SOCIAL NETWORKING

Social networking sites, such as Facebook and MySpace, are an exciting development and very popular with adults and children alike. Children can create their own websites, communicate with friends and make new contacts. Remember that children need to be 13 years old or older to register as a user. There are, however, some potential dangers.

[www.ceop.police.uk](http://www.ceop.police.uk) and [childnet.com](http://childnet.com) give excellent advice about using such sites safely. They recommend following:

**Five Ps** to help keep your child safe:

1. **Positive** .. Talk to your child about these sites and how they work. Get involved.
2. **Privacy** .. Look at the privacy settings and discuss these with your child. Ensure only real friends, not online friends, are added to their friends list.
3. **Photos** .. Make a careful selection of photos to include. Remind children that it is very easy for someone to copy, amend and forward their photos.
4. **Postings** .. Agree some ground rules about

## TIPS FOR PARENTS AND CHILDREN

1. Try to get to know your child's online friends as you would their other friends.
2. Set your own golden rules and, after discussing them with your children, display them near the computer, referring back to them when appropriate.
3. Keep personal information private, such as name, age, phone numbers & address.
4. Check the internet filters on your PC, ensuring they are always switched on.
5. Don't believe everything you read or see online. Talk to your children about spam and junk e-mail/texts. Encourage children not to open files from people they don't know, as they may contain viruses or inappropriate material.
6. Encourage children to tell you about anything they find that is suggestive, obscene, threatening or makes them feel uncomfortable.
7. Keep the computer in a family room, preferably where the screen can be viewed easily. Don't put the computer tucked away in your child's bedroom.
8. Have a house rule; children must let you know before they go on the computer and what they are doing. Try to get involved.

## OTHER DANGERS

Fraud can be a problem, not just for children, but for all of us! There are lots of scams including hackers, identity theft and phishing.

Your child may have already been on the computer at school. Limit the amount of time spent on the PC at home. Too much time spent at a PC can be

KEEP YOUR KIDS  
**SAFE** Online

